



Dynamite District
"D"



District 19-D Newsletter

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March 2011 - DISTRICT GOVERNOR'S MESSAGE

The year continues to be a busy one & Carol & I are back on the road to BC most of this month & through March 18th. We only have 9 clubs yet to visit & weather permitting we will have them done prior to Spring Conference April 1-3 in Moses Lake. (Registration Form attached.)

This past weekend the winter Cabinet Meeting was held in Westbank – A BIG Thank you to the Westbank Club for hosting the meeting. We had many great reports from the Zone Chairs & Committer Chairs. MEMBERSHIP is still a major problem. The District is down 111 members as of the end of January. WE NEED TO REPLACE THOSE HANDS TO CARRY OUT OUR SERVICE & FUNDRAISING PROJECTS. We only have four (4) clubs signed up for the "Lions For Life Project" Please look at this program and see how this will help get your new members involved & make them a real Lion for Life.

A committee was appointed to formulate a Diabetes Fellowship in the name of Lion/Lioness & long time Diabetes advocate Dee Hlavach Eads. This committee will report back with recommendations at the Cabinet Meeting in April. Lion Rondeau has already received many donations toward this fellowship, especially from the Lioness clubs in the District.

On February 11th -12th the winter Council of Governors meeting was held in Chilliwack, BC. At the meeting, our MD 19-D Peace Poster was selected as the best in MD-19. Congratulations to Tina

(Continued Page 2)

**MD19-D9 Announces 2011-2012 Zone
Chairman
February 20, 2010**

Lions, my replacement for next season is Linda Schaffrick, Oliver, BC who has been elected Zone Chair D-9, at our zone meeting today.

Wolfgang

Congradualations Linda!!!!

Have you Volunteered Yet?

**Host Committee
94th Lions Clubs
International Convention
Seattle, Washington
July 4-8, 2011**

Please visit our web site
and register online for
great volunteer opportunities.

www.lionsconvention2011.com

Sponsored by SightLife
Helping the World See

DG's Message (Continued)

Raposo age 12 from Oliver. The Peace Poster has been sent on to LCI for judging at the International level. It will be on display at the spring conference along with all of the Peace Posters at Spring Conference. Our Environmental Photo did not win as one from District F was selected; needless to say I felt ours was far better. The 8 photos will also be on display at conference.

Many difficult matters were discussed at the COG meeting. You will be voting on a \$2 Dues increase at the October Fall Annual meeting in Yakima. The motion also allowed for a 3% Cost of living adjustment annually thereafter if the current COG's feel it is necessary. I did not vote in favor of this. Also a committee is being formed to study how the MD-19 Dues are to be collected. The proposal would have the Dist. Governors responsible for the collection within 30 days of the billing cycle. Not a good idea in my mind! In the future, if the policy manual is changed, the 1st Vice Dist. Governor will be voting on the budget instead of the Past Dist Governor. The most difficult discussion & vote concerned the MD-19 Lions relationship with Sightlife & the NW Lions Sight & Hearing Foundation. Three of the current DG's met with the Sightlife Executive Board to discuss how Lion's could regain control of the Northwest Lions Sight & Hearing Foundation, A Foundation that we have worked to fund for more than 30 years. This request was rejected. A motion was passed to no longer recognize the Foundation as a Lion's organization in compliance with the LCI requirements of Lions use of our Trademark. A sad day for something we have worked for so long. This does not mean the Foundation will not still make the various programs they provide available to our clubs or that our clubs can still provide funds to the foundation, it is just not a Lions program. A new program to support a cooperative effort between the University of Washington & the University of British Columbia for new sight saving technology was discussed. We look forward to working with this program as a Lion's sponsored project.

As of the end of January about half of our clubs have paid their MD-19 dues. Thank you! Please make sure your treasurers have sent BOTH the LCI & MD-19 Dues in. For the Canadian clubs, your money is now at par for dues payments.

We still have about 17 clubs that are not sending in monthly reports. Presidents check with your Secretaries to make sure these are done.

Thanks for your support this year & we look forward to seeing many of you at the Spring Conference. We should have a fun time at the "Pioneer Days" in Moses Lake.

Yours in Lionism DG Mike

INSIDE THIS ISSUE

District Governor's Message Zone D-9 Announcement	Pg 1
District Governor's Message Continued Table of Contents DG Conference Request	Pg 2
DG Visitation Schedule MD19D Constitution Changes	Pg 3
Diabetes North	Pg 4
Diabetes South	Pg 5
Upcoming Club Events	Pg 6
Care Report	Pg 7

Conference Request from the DG

**All clubs coming to the conference
please bring items for the Raffle.**

**We hope to have the Warden & Othello
Leo's sell many of the tickets.**

**A good raffle will insure the
conference is a financial success. The
raffles help pay for the conference.**



- Mar 2nd** Merritt (D-3) 1st Wed. 6:30 PM
Legion Hall
- Mar. 3rd** Valleyview Overlanders (D-8) 1st
Thur. Cottonwood Manor 730
Cottonwood Ave.
- Mar. 8th** Salmon Arm (D-8) 2nd Tues.
7:00 PM Lions Hall 7191 51st
NE
- Mar. 9th** Peachland (D-7) 2nd Wed. 7:00
PM Peachland Community
Centre 4450 6th St.
- Mar. 11th** Home
- Mar 15th** Princeton (D-9) 3rd Tues.
Additional information next month
- Mar. 16th** Barriere (D-6) 3rd Wed. 7:00
PM Community Hall 350
Borchwick Ave.
- Mar. 17th** Summerland (D-9) 3rd Thur.
7:00 PM Harold Simpson
Memorial Youth Center 9111
Peach Orchard Rd.

From the Cabinet Meeting!!

The buckets were passed and the results were good.



The small bucket collected \$30.69 for Diabetes.

and



The big bucket collected \$80. for Leader Dogs

MD19-D Spring Conference:
April 1-3, 2011 Moses Lake, WA.
Best Western Lake Front Hotel
3000 Marina Drive
Moses Lake, WA 98837
509-765-9211

Reserve by March 10th to receive Lions conference rate.

MD19 Constitution Changes to be Added to MD19-D Voted on at MD19-D Conference

From: PCC Bob Bradford

Constitution & By-Laws Chairman

MD19 has added wording to the MD Constitution regarding the second Vice District Governor, and it was passed at the recent Convention in Pasco.

I would propose the following change to our District Constitution: Article 6: Section C; Remove the words :(first VDG, second to be added at later date).

Change Section C to read: First and Second Vice District Governor

The second Vice District Governor position is a position that may be determined by the District

The candidate for the Office of first and second Vice District Governor shall:

Section D: Duties of the first and second Vice District Governor

Section E: Change wording Vice District Governor (2) to: first and second Vice District Governor.

It seems to me that this is all that is necessary at this time. I have several copies of the wording available.

According to the District Constitution these changes need to be published in the District Governor's Newsletter one month prior to the District Conference.

Please review these changes with your club and determine how your delegates are going to vote at the conference.

North

THE MODERN HISTORY OF DIABETES

Rondeau Brown, Diabetes Chairperson, North

Nov. 14, 1891- Frederick Banting is born on his parents' farm near Alliston, Ontario, north of Toronto.

Feb. 28, 1899- Charles Best born in West Pembroke, Maine.

Dec. 1916- Boston pathologist Elliott Joslin compiles 1,000 of his own cases and creates the textbook "The Treatment of Diabetes Mellitus." In it he reports that 'the mortality of patients was approximately 20 per cent lower than for the previous year', due to 'the introduction of fasting and the emphasis on regular exercise.' This book and Joslin's subsequent research over the next five decades establishes his reputation as one of the world's leading expert in diabetes.

July 1, 1920- Banting opens his first medical practice in London, Ontario.

Oct 31, 1920- Banting conceives of the idea of insulin after reading an article in the journal Surgery, Gynecology and Obstetrics by Moses Barron, an American pathologist, titled 'The Relation of Islets of Langerhans to Diabetes with Special Reference to Cases of Pancreatic Lithiasis.' He moves to Toronto and over the next year, with the support of Prof. Macleod of the University of Toronto, and the assistance of Best, a medical student, and Dr. James Collip, continues his research using a variety of different extracts on depancreatized dogs.

Summer 1921- Banting's work leads to the discovery of insulin. On July 30, Dog 410 is the first to receive the extract. On August 4 the extract is called 'Isletin' for the first time.

Nov. 17, 1921- Banting and Best discover that extract from cattle foetal pancreas lowers blood sugar levels of depancreatized dogs, leading them toward plentiful, cheap sources for insulin. Experiments begin to test the long-term effectiveness of insulin treatment.

January 1922- Leonard Thompson, 14, a 'charity patient' at the Toronto General Hospital, becomes the first person to receive an injection

of insulin to treat diabetes. Thompson lives another 13 years before dying of pneumonia at age 27.

May 3, 1922- The word 'insulin' is used in public for the first time when Macleod presents the paper 'The Effect Produced on Diabetes by the Extracts of Pancreas' to the Association of American Physicians' annual meeting in Washington, D.C. The results of the Toronto group's experiments is hailed as 'one of the greatest achievements of modern medicine'.

October 1923- Insulin is made commercially available in the United States and Canada.

1953- Canadian Diabetes Association is established and Camp Banting, Canada's first camp for children with diabetes, opens near Ottawa.

1959- Researchers identify type 1 diabetes (insulin dependent) and type 2 diabetes (non-insulin dependent).

Sept. 14, 1971- Anton Hubert Clemens receives the first patent for a portable blood glucose meter called the Ames Reflectance Meter. Dr. Richard K. Bernstein, an insulin dependent physician with diabetes, uses the meter to monitor his blood glucose at home, and subsequently publishes a report on his experiences.

1998- The United Kingdom Prospective Diabetes Study (UKPDS) scientifically links the control of glucose levels and blood pressure control to the delay and possible prevention of type 2 diabetes.

Dec. 20, 2006- The United Nations recognizes diabetes as a global threat and designates World Diabetes Day, November 14 – in honour of Frederick Banting's birthday – as a UN Day to be observed every year starting in 2007.



A HISTORY LESSON

[Dorothy Nilles, Diabetes Chairperson South](#)

The diagnosis of type 1 diabetes can be a devastating time for a family. Everyone in the family, including parents, siblings, and the child who has been diagnosed, is affected by this disease. Often, there are feelings of being overwhelmed, sadness, denial, and anger. That's why it's up to us Lions to educate our communities about how, when a child is diagnosed with type 1 diabetes, that child can live, and thrive, despite the disease.

Brett Michaels: Have you heard of him? The answer should be yes, unless you've been living under a rock! Brett Michaels was diagnosed with type 1 diabetes when he was 6 years old. Now, he's the front man of the glam rock band POISON. Brett also has a solo album "Custom Built" coming out in June. Oh, and he's also a TV star, on "Rock of Love", and he has been on "Celebrity Apprentice", where he recently raised \$390,000 for the American Diabetes Association. Diabetes hasn't stopped Brett from really living and in his words, "a ridiculously outrageous, crazy life."


Connor Broyles: Chances are you may not have heard of Connor. He's just a little grade school kid with type 1 diabetes who has sold lemonade every summer for the past three years. The summer after Connor was diagnosed, he realized his lemonade could do more than quench thirst. In Connor's words, "When I first figured out there could be a cure, I wanted to donate money to help." After raising \$80 the first year, with a sign that said Help Kids With Diabetes, Connor approached local businesses to solicit their help. A raffle is now held every year, aptly named "Quench For The Cure". To date, Connor's lemonade has raised \$14,000! Incidentally, Connor's lemonade recipe is a mixture of sugar free or regular Country Time Lemonade Mix and bottled water.

For those of you out there who are hoping to reach kids who are diabetic, on the net go to the American Diabetes Association site and find "Planet D". It's designed for kids and has great resource material. Until next time Lions, let's keep educating and serving.

DO YOU KNOW



WHAT THIS SYMBOL IS?

Information to the right is for clubs in MD19-D2 and D5 only. 

DSHS Cuts to Effect Lions' Sight & Hearing Programs

By Roy Leshner, Sight and Hearing Chair, Stanwood Lions Club

As of the beginning of this year, DSHS in the state of Washington, which runs the Medicare Program, no longer provides adult hearing and vision equipment. This includes hearing devices of all kinds, eyeglasses and low-vision aids. Support for such devices may be restored in July, depending on budgetary constraints. Hearing and vision exams are still being covered, but this may change in July, again depending on budgetary constraints. Details can be found at <http://hrsa.dshs.wa.gov/News/Budget/Supplemental%20budget%20cuts%20in%20FY2011%20-%202012-17-10%203.pdf>.



TEXAS HOLD'EM CHARITY EVENT



In Support of The Penticton Lions & PDSCL

Date: March 5, 2011

Time: Doors Open at 6:00pm

Tournament starts at 7:00pm

Place: Penticton Leisure Centre-439 Winnipeg

Tickets only \$50.00 each Starting Chip Value 3000

Maximum 100 player

You must be 19+ to play

Guaranteed Prize Pool \$2000.00

1st Prize \$1000.00

7 other payouts

NO LIMIT POKER TOURNAMENT

There are two chip-up opportunities, one at the start of the game and one at the 4th Level if you are still in the game. Each opportunity costs \$10.00 and gets you 1000 extra chips. You can choose to participate in either or both opportunities or not at all

Door Prizes and 50/50 draws
No-Host Bar (beer, wine coolers and highballs)
Available Pop, water, Coffee, Baron of Beef

Tickets can be purchased at Underwriters Insurance,
Penticton Leisure Centre or Barry Beecroft Fuel

Check out our website for more information on our tournament :

e-clubhouse.org/sites/pentictonbc/

BC Gaming License # 30077

Know Your Limit Play within it



District D CARE Report, Feb., 2011

PDG Ron Silver - Care Chairman

The CARE project chosen by the Council of Governors for 2010/11 is “Maternal and Child Health” in Imbabura Province of Ecuador. In this province, they experience an average of 90 deaths per 100,000 births. The death of a mother has a devastating effect on a family. CARE has set out to improve maternal health care through a number of objectives.

1. Implement a bilingual maternal health promotion plan.

Expected results:

- At least 15 midwives trained on bilingual maternal health, including emergency obstetric care; and
- At least 15 male community leaders trained on maternal rights and health.

2. Increase leadership capabilities and empower women to make decisions regarding their own reproductive health, Including maternal health.

Expected Results

35 community readers (women and men) and 20 pregnant women in the Otavalo target area trained on women’s health and rights, and understand the importance of community mobilization for maternal health (effectively becoming advocates who lead by example); and Promote community-driven advocacy efforts to help he canton achieve the national maternal and child health outcome standards.

In short, with the funds raised by MD19, + the 1 to 1 matching by CARE Canada and CARE Northwest, training will be provided to stakeholders, pregnant women, health care workers, Ministry of Health and Municipal government officials

Last year, District D Clubs donated \$8,180 to MD19 CARE. Only District H raised more than District D. To Feb. 11th, District D has raised \$4,275 as follows:

	2010	YTD
Zone 1	\$1,130	\$ 625
Zone 2	\$ 700	\$ 700
Zone 3	\$1,050	\$1,550
Zone 4	\$ 200	\$ 300
Zone 5	\$ 600	\$ 150
Zone 6	\$ 000	\$ 000
Zone 7	\$1,950	\$ 100
Zone 8	\$ 800	\$ 550
Zone 9	\$ 900	\$ 200
Zone 10	<u>\$ 850</u>	<u>\$ 100</u>
	\$8,180	\$4,275

I am providing a copy of this report for each zone chair, along with the list of clubs that have donated to date. Please provide a reminder to those clubs that donated last year, but that have not donated this year. I will be providing a similar reminder